

# YORK GENERAL HEALTH CARE SERVICES AUXILIARY

*Serving the York Community  
since 1957*

Winter 2010  
Volume 1, Issue 3  
www.yghcsauxiliary.org

## A Note from the President

As we are in the middle of what I can say is the coldest, snowiest winters of my time here in Nebraska, I can only help but think of Spring and upcoming Auxiliary events.

This winter we have been very busy continuing our outreach with York General Health Care Services (YGHCS). I want to thank all of you who have volunteered a great deal of their time to make the many events and programs a success. Not only are you an important part of the Auxiliary, you have brought many smiles to residents and patients throughout YGHCS.

As you read through this

edition of the Auxiliary newsletter, you will see that we have lots to plan for 2010. I am looking for someone(s) to chair (or co-chair) the 9<sup>th</sup> Annual Auxiliary Golf Tournament in July. This may seem like a daunting task, but I can attest that it is not only a fun event to be part of, but also very rewarding. If you are interested in finding out more, or would like to chair this event, please contact me, jjnorth@neb.rr.com or (402) 366-3760.

In April we have our Annual Meeting. This is an important time to look back over the year and plan for the next. It will be held on April 13, in the evening. As a reminder, your annual

dues are due in April as well and can be paid at the meeting. We will also have a table setup with opportunities to sign up for various events and programs planned for the year. I hope that you will be able to attend this meeting, and look forward to seeing you.

If there is anything you would like the Auxiliary to address, please feel free to contact me anytime.

Stay warm and dream of green grass and flowers!

Sincerely,  
Jenna North  
Auxiliary President  
(402) 366-3760  
jjnorth@neb.rr.com

## 2010 Membership Event – January 26, 2010

Come and bring a friend and enjoy an evening of fun! Learn about the Auxiliary and how you can make it a part of your life. Already a member? This is a great time to invite a friend, relative or co-worker to learn more about the Auxiliary.

To reserve your spot, please RSVP no later than Saturday, January 23, 2010. The event is free and open to men and women 18 years and older. This year Chris Payne, Director of the York General Wellness Center, will be discussing ways to improve your health. Join us for a

relaxing and informative evening.

For more information, or to reserve your spot, contact Judy Leggott (402) 908-4050, judithleggott@yahoo.com or the Auxiliary website, www.yghcsauxiliary.org.

## 2009 Cancer Survivors Celebration

The annual York General Oncology's Cancer Survivors Celebration was held at York General Hospital on December 14<sup>th</sup>, 2009.

There were 62 people there this year. Karrie Otoupal,

Director of Oncology for YGHCS said, "it went great."

The Celebration Singers from York College came and did their "Cocoa and Carols" performance, which was very entertaining. Everyone

really enjoyed their ornament.

The Auxiliary donates an ornament to each survivor every year. We choose a different ornament each year for the survivors and

package them individually for the attendees of the party.

Respectfully submitted:  
Amie Kopcho  
1<sup>st</sup> Vice-President

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## Special points of interest:

- **Membership Event**  
January 26, 2010  
York Country Club  
6:30 p.m. Social  
7:00 p.m. Program:  
Chris Payne,  
Director, Wellness  
Center, "Health At  
Every Age"
- **2009 Holiday Fare & Bake Sale**
- **2009 Star of Lights Campaign**

## 2009 Star of Lights Campaign

The Auxiliary celebrates the New Year with the completion of yet another successful Star of Lights Campaign. The 2009 Star of Lights campaign raised over \$3,200.00 to purchase equipment for hospitalized infants and surgical equipment.

Thank you to all of the members who supported this annual event. The support of our membership and our community is very vital to the

success of the York General Health Care Services Auxiliary.

Respectfully submitted:  
Kara Rauert  
2<sup>nd</sup> Vice-President/  
Star of Lights Chair

*Accepting the donations on behalf of YGHCS, (from left) Mary Gregg, Director of Med /Surg and (far right) Deb Gilliland, Director of Surgery, with Star of Lights Chair, Kara Rauert (middle left), and Auxiliary President, Jenna North (middle right). Picture courtesy of Leslie Robinson, YGHCS*



## 2009 Holiday Fare & Bake Sale



The Holiday Fare was held on November 20, 2009 at York General Hospital. Items that were sold at the Fare were poinsettias, books, and gifts. They also had a wide variety of baked goods and craft items from Auxiliary members. The Holiday Fare committee donated 30 poinsettias to Willow Brook residents to welcome them home for their first Christmas there.

The co-chairs, Crystal Vavra and Carmalita Colburn would like to thank all the members for the baked goods, craft donations and volunteering their time for this great event. The fare raised \$1,700. This events proceeds were used to purchase Christmas gifts for the residents of the Hearthstone. **Thank you**, Crystal and Carmalita for chairing this event.

*Holiday Fare & Bake Sale Co-Chairs, from left, Carmalita Colburn and Crystal Vavra*

## Hearthstone Gift Wrapping Project

Thanks to the great job of the Holiday Fare & Bake Sale Chairs, enough money was raised to cover the purchase of Christmas gifts for Hearthstone residents. The Hearthstone Gift Project, an annual Auxiliary tradition, was chaired by Judy Leggott, with help from Arline Wilhelm.

We can't thank these girls enough for all of their hard work! **Thanks!**



*At left: Gifts ready to deliver. At right: Arline Wilhelm, Sue Hoffschneider, Sue Parde, and Judy Leggott.*

## A Note from the Volunteer Services Chair

**THANK YOU** to all of our great volunteers for a fantastic year. It has been a lot of fun for me getting to know so many members. I really have enjoyed talking to you and working with you at the birthdays, happy hours, shopping at Wal-Mart, and dining out.

I would like to extend a special thanks to a couple special Auxiliary

volunteers; John Bettger, who made it every month to Wal-Mart for shopping with residents, what a fantastic volunteer to devote so much time and effort, and I could not have made it through December without Dorothy Piper and all of her friends that helped.

Thanks to you as well. This year has all ready been so busy.

If you would like to help with any of the monthly activities with the Hearthstone residents (Birthday Parties, Happy Hour, Friday Lunch Out, and Shopping), please feel free to contact Deb Bredenkamp, Volunteer Services Chair, (402) 366-2930, [gdbredenkamp@windstream.net](mailto:gdbredenkamp@windstream.net) or Coleene Hirschfeld at (402) 728-5352.

THANKS!

## Auxiliary Membership Reminders

To: All York General Health Care Services Auxiliary members. The York General Wellness discounted membership rate is \$22.50 per month with no orientation fee (this has been waived).

**You must be current on our membership dues in order to qualify for this discounted rate - no exceptions. This discount cannot be combined with any other benefit/discount you may already receive at York General Wellness.**

If you have any questions, please call: Judy Leggott at (402) 908-4050. Thanks!

Reminder: Auxiliary Annual dues are due in April. You may pay them at the Annual Meeting or mail to: YGHCS Auxiliary, 2222 N. Lincoln Ave., York, Nebraska, 68467. Annual dues are \$15.00.

## Auxiliary donates to Willow Brook Assisted Living



The York General Health Care Services (YGHCS) Auxiliary Executive Board was pleased to announce several donations made to the recently opened Willow Brook Assisted Living facility this fall.

The books arrived in time for the official open house and ribbon cutting on September 27, 2009. The collection of books range from fiction to non-fiction, large print, as well as a small assortment of children's books for residents who have young visitors. Additionally, the donation included local and regional newspaper subscriptions, as well as an assortment of magazines for their enjoyment. Jenna North, Auxiliary President, noted that the original trust donation was from a long time Auxiliary member, Louise Dougherty, who also had been an avid reader. Jenna felt that the use of the donation towards the library seemed like a wonderful fit. For more information about this project and donation, please contact Auxiliary President, Jenna North, (402) 366-3760.



The Auxiliary was also pleased to use a portion of the 2008 Star of Lights proceeds to purchase a new digital piano for the "activities" area of the Willow Brook Assisted Living. The piano will be used mainly by residents for their enjoyment as well as during various events at the facility. The 2008 Star of Lights proceeds were also used towards several dry creek beds on the grounds of Willow Brook.

**2009-2011  
Auxiliary Executive Board**

**Jenna North**

President

**Amie Kopcho**

1<sup>st</sup> Vice President

**Kara Rauert**

2<sup>nd</sup> Vice President

**Mandy Hengelfelt**

Secretary

**Barb Sylvester**

Treasurer

**Judith Leggott**

Membership

**Deb Bredenkamp**

Volunteer Services

**JoAnn Reetz**

Gift Cart

**Carol Toms**

Historian

**Sue Hoffschneider**

Past President

**Sally Ruben**

YGHCS Board of Directors

**Jane Thompson**

YGHCS Representative

**Sue Parde**

Hearthstone Representative

**Jenny Obermier**

York General Hospital Representative

**Upcoming Events:**

Membership Event – January 26, 2010

Annual Meeting – April 13, 2010

Annual Card Marathon Tea -

9<sup>th</sup> Annual Auxiliary Golf Tournament – July 30, 2010

**Volunteer Opportunities:**

9<sup>th</sup> Annual Auxiliary Golf Tournament – Chair/Co-Chair

Please contact Deb Bredenkamp, (402) 366-2930 or  
gdbredenkamp@windstream.net or Jenna North, (402) 366-3760 or  
jjnorth@neb.rr.com for more information.

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