

York General Health Care Services

Auxiliary

Serving the York Community since 1957

A Note from the President

Welcome to the 52nd year of the York General Health Care Services (YGHCS) Auxiliary. I was able to meet many of you this year at the Annual Meeting and introduce you to many of our exciting upcoming projects. The Annual Meeting is such a wonderful way to reflect on the past years achievements and look forward to the new ones envisioned. All while enjoying a wonderful meal with old and new friends.

We hope you will consider some of the many ways to become involved this year. This summer is the start of our first fundraiser of the year, our 8th Annual Auxiliary Golf Tournament. In the Fall we have our Holiday Fare & Bake Sale, which also is the start of our Star of Lights Fundraiser. We also have many monthly volunteer needs at the Hearthstone. As you can see whether you have an hour or more, we have many ways to help make a difference in our community. If you are interested in any of these volunteer opportunities, I

encourage you to contact our Volunteer Services Chair, Deb Bredenkamp, (402) 366-2930 or gdbredenkamp@windstream.net.

This year I am also pleased to present a new benefit to being an Auxiliary Member. Many of you have already received your new membership cards and letters about our new Wellness Center collaboration. Not only do Auxiliary Members receive such a wonderful discount at York General Wellness, but your membership dues help continue our many ongoing projects. I hope this will encourage you to continue to be a member, and perhaps persuade a friend or two to join our membership as well. If you have any questions about Auxiliary Membership, contact Judy Leggott, (402) 908-4050 or judithleggott@yahoo.com.

I would also like to give a big THANKS to our Past President Sue Hoffschneider for her service to the

Auxiliary. She has done a wonderful job leading us in so many important and very successful events. She has been a pleasure to work alongside these past few years.

Finally, as the new Auxiliary President, I would like to open the discussion on what you want as a Member. Is there a program you would like to see? A way to touch more lives? I am always eager to hear new ideas, please feel free to contact me anytime, (402) 366-3760 or jjnorth@neb.rr.com.

Sincerely,
Jenna North
Auxiliary President



Golfers wanted, volunteers needed, reward of smiles guaranteed.

8th Annual Auxiliary Charity Golf Tournament Friday, July 31

Each year the YGHCS Auxiliary Charity Golf Tournament raises funds for one special project at York

General Health Care Services that will help improve the medical care available to the York and surrounding communities. This year the Auxiliary Executive Board voted to use the tournament

proceeds to help build a new Pediatric Sensory Room for York General Rehabilitation Services. This room can touch the lives of many of our youngest population.

Eva Dawson, OTR/L at York

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Special points of interest:

- Card Marathon Winners
- Wellness Membership
- 8th Annual Golf Tournament

8th Annual Auxiliary Charity Golf Tournament cont.

General Rehabilitation noted the new Sensory Room has so many benefits to not only children, especially those with Autism, but research has shown promising benefits for patients with Alzheimer's, TBI, and stroke patients. To see an example of the possibilities this room has, please visit the Snoezelen site: www.snoezeleninfo.com/wesgatevideo.asp. For more information about the new

Pediatric Sensory Room project, please contact Eva Dawson, (402) 362-0436.

We need your support to make this room happen. We understand that not everyone is a golfer; however, that is the best part of this tournament. The 4-person scramble allows women and men all skill levels (and ages) to come out, play, and enjoy the day. We offer many chances to

win prizes and be a part of a fantastic cause. If you are not up to golfing, we hope that you will consider sponsoring a hole or by donating a gift for our raffle or flag prizes. For registration or donations, please visit the Auxiliary website; www.yghcsauxiliary.org/golf or contact Jenna North, (402) 366-3760 or golf@yghcsauxiliary.org.

We also have the need for many volunteers, not only the day of the tournament but in planning for the big day. If you are interested in volunteering, please contact Jenna North, (402) 366-3760 or jjnorth@neb.rr.com.

"If you have health, you probably will be happy, and if you have health and happiness, you have all the wealth you need, even if it is not all you want."
~Elbert Hubbard

Auxiliary Membership & York General Wellness Center benefits...

The York General Health Care Services Auxiliary Executive Board along with York General Wellness Center is happy to announce a GREAT benefit to you for being an YGHCS Auxiliary Member.

By now you should have received a letter in the mail along with a membership card. This membership entitles all of our Auxiliary members in good standing to take advantage of the Wellness Center discounted membership rate of \$22.50 per month. The orientation fee has also been waived for members. You must be

current on your Auxiliary membership dues in order to take advantage of this terrific benefit. You will need to have your Auxiliary Membership card in hand when you go to the Wellness Center in order to receive your discounted rate.

If you are interested in taking advantage of this benefit, you will need to contact Lynnelle Trauger at the York General Wellness Center. Her phone number is (402) 362-0434. Hours are 7:30 a.m.-4:00 p.m. There are a wide variety of wellness classes along with

a fantastic facility with many different options for working out. There are also personal trainers who will be happy to help you out with your program.

Additionally, your new Auxiliary membership card will list your name, address and when your Auxiliary membership expires. If you have any questions please contact Judy Leggott, Membership at (402) 908-4050 or by email; judithleggott@yahoo.com

ENJOY EVERYONE!!

Another exciting YGHCS Auxiliary Card Marathon comes to a close with one last round.

June marked the end of the yearly YGHCS Auxiliary Card Marathon. The annual fundraiser helps the Auxiliary continue to provide funds for activities for the York General Hearthstone residents. A total of 116 women and men played in the 2008-2009 Marathon which included Ladies Bridge, Couples Bridge, Pitch and Pinochle.

This year's Marathon ended with the 2nd Annual YGHCS

Auxiliary Card Marathon Appreciation Brunch & Marathon Play at Chances "R", on June 8, 2009. A special thank you to Sue Hoffschneider, Sally Ruben, and Velda Minderman who again chaired the event (pictured). The event is a special thanks for those who played in this year's Auxiliary Card Marathon. Players enjoyed sticky buns and coffee and then played a few rounds of Bridge, Pitch and Pinochle. Velda Minderman,

Card Marathon Chair, also announced the winners of the 2008-2009 Marathon.

The Auxiliary encourages anyone interested in playing cards in next year's Marathon to contact Velda Minderman, (402) 362-6500. Registration deadline for the 2009-2010 Marathon is July 1st. The Marathon is open to adult men and women and the cost is \$15 per person. Anyone can play and they do not need to be members of

the YGHCS Auxiliary.

See last page for listing of winners.



2009 Gala Wrap-Up

"Puttin on the Ritz" was the theme for this year's Gala. We would like to send a BIG THANK YOU to Amy Holthus and Denise Kopcho, Co-Chairs for the event. They put together a wonderful committee who worked successfully to put the beautiful night together. There were over 200 in attendance and the night was magical. The red carpet led guests into the beautifully

decorated Country Club where they were greeted and handed their bidding numbers. There were over 50 wonderfully filled gift baskets with fantastic items generously donated by local businesses. The event raised over \$43,000.00. The monies will go to furnish a new Hospice Room.

The rose bouquets used at the Gala are for sale. The

lovely bouquets consist of 12 red roses with rose leaves and a covered handle. Perfect for bridesmaid's bouquets or other special event. Bouquets are \$10.00 each and there is a limited supply. Proceeds will go towards the Auxiliary Gala Hospice donation. For more information or to purchase, please contact Jenna North, (402) 366-3760 or jjnorth@neb.rr.com.



"A Time To Heal" Program offered at York General Oncology

In February, the Auxiliary Executive Board voted approval of the expenditure of the 2008 Golf Tournament proceeds. As many of you already know, a portion of the proceeds covered the expenses of new "comfort" items in the York General Oncology patient areas. This included new TV's in the treatment rooms, and a new selection of wigs in the Wig Bank. The remaining funds were then used towards a new program offered through the York General Oncology Department.



Barb Koester and Karrie Otoupal will head the program offered by York General Oncology.

"A Time to Heal" is a 12-week long program for those who have finished treatment for breast cancer, helping women with regaining comfort, well being, and coping measures through various avenues. The YGHCS Auxiliary in conjunction with the Susan G. Komen Foundation will fund the program. For more information about this program, please contact Karrie Otoupal, York General Oncology Services Director, (402) 362-0446.

2009 Outstanding Volunteer Award and Election of a new Executive Board

Our April Annual Meeting marks the end of their term for many on the Auxiliary Executive Board as well as perfect time to award our newest inductee to the Auxiliary Outstanding Volunteer & Lifetime Membership standing. A special thank you to the York General Health Care Services Board of Directors and York Country Club for providing the wonderful dinner. The evening was a delight with over 70 members in attendance.

Outgoing Executive Board Members this year included, Patsy Haggadone, Treasurer; LaVonne Elfring, 2nd Vice President; Kathie Reichstein, Secretary; Mildred Klemsz, Volunteer Services Co-Chair; and Carol Withee, Volunteer Services Co-Chair. These women have done a wonderful job and a big THANK YOU to all of their hard



Carol Withee (right), presents the Outstanding Volunteer and Lifetime Member award to Carol Toms (left).

work. We wish them well.

The 2009-2011 Executive Board is: Jenna North, President; Amie Kopcho, 1st Vice President; Kara Rauert, 2nd Vice President; Mandy Hengelfelt, Secretary; Barb Sylvester, Treasurer; Judy Leggott, Membership; Deb Bredenkamp, Volunteer

Services; Carol Toms, Historian; JoAnn Reetz, Gift Services; Sue Hoffschneider, Past President; Sally Ruben, YGHCS Board of Directors Representative; Jenny Obermier, YGH Representative; Sue Parde, Hearthstone Representative; and Jane Thompson, YGHCS Representative.

This year Carol Toms, an YGHCS Auxiliary Member since 1969, was honored at the April meeting for her continued commitment and service to the Auxiliary. She has served on the Executive Board as Historian since 2004, as well as serving as Auxiliary President 1974-75. Carol is a wonderful person to work with and is a asset to the Auxiliary. Carol Withee, also a Lifetime Member recipient, presented Carol Toms the award.

2009-2011 Auxiliary Executive Board**Jenna North**

President

Amie Kopcho1st Vice President**Kara Rauert**2nd Vice President**Mandy Hengelfelt**

Secretary

Barb Sylvester

Treasurer

Judith Leggott

Membership

Deb Bredenkamp

Volunteer Services

JoAnn Reetz

Gift Cart

Carol Toms

Historian

Sue Hoffschneider

Past President

Sally Ruben

YGHCS Board of Directors

Jane Thompson

YGHCS Representative

Sue Parde

Hearthstone Representative

Jenny Obermier

York General Hospital Representative

2008 – 2009 YGHCS Auxiliary Card Marathon Winners

Ladies Bridge / Club A

1st Place Pat Branz & Jennie Romohr2nd Place Marlyce Reed & Alice Tompkins3rd Place Kathie Reichstein & Jan Lott4th Place Kay Kahla & LeVauna Weismann

Couples Bridge / Club B

1st Place Chuck & Miriam Peterson2nd Place Dwight & Carol Heng3rd Place Bert & Marlyce Reed

Pitch / Club C

1st Place Joan Peterson & Donna Rathje2nd Place Dorothy Johnson & Janis George (Jan Cotner)3rd Place Opal Clark & Orletha Snyder

Pitch / Club D

1st Place Eleanor Moore & Rusty Newman2nd Place Mildred Klemsz & Gladys Naber Straube3rd Place Marge Bredow & Marie Swartz

Pinochle / Club E

1st Place Marjorie Moorberg & Delores Stuhr2nd Place Joan Peterson & Kathie Reichstein3rd Place Alma Bailey & Vera McLain**2nd Annual Auxiliary Appreciation Brunch & Marathon Play Winners**Bridge / 1st Place - Jan HedrickPitch / 1st Place (tie) - Jean Lamp & Dorothy PieperPinochle / 1st Place (tie) - Vera McLain & Alma Bailey**York General Health Care Services Auxiliary**

Jenna North, Auxiliary President

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