

Auxiliary

Serving the York Community since 1957

A Note from the President

Hello Members! Fall is approaching as we see the colors change in our yards and fields, and the crisp evenings return. A lot has happened in the last 4 months and the Auxiliary Executive Board has been busy.

We have lots of exciting events and opportunities for the fall and winter. Deb Bredenkamp, our Volunteer Services Chair has been hard at work filling the many volunteer needs we have. I am excited to see all the new faces volunteering at the various events and monthly activities over the last few months. Thank you to all of you who have donated your time to our

many efforts. Know that you have brought many smiles to many faces around the YGHCS. If you have even an hour of time to give, we have lots to do.

In November, we will have our annual Holiday Fare & Bake Sale and co-chairs Crystal Vavra and Carma Colburn are planning a wonderful event. If you would like to help on that committee or the day of the event, please let us know.

November is also the start of our annual fundraiser, the Star of Lights. This year Kara Rauert will chair the event. The proceeds will benefit several pediatric items for York General

Hospital. For more information about this event, contact Kara Rauert, (402) 362-1299.

Information about these and other upcoming events, news, and membership may be found on our website, www.yghcsauxiliary.org.

If there is a need you see around YGHCS, please feel free to contact me anytime, (402) 366-3760 or jjnorth@neb.rr.com. I hope to see you this Fall!

Jenna North
Auxiliary President
(402) 366-3760
jjnorth@neb.rr.com

Willow Brook prepares for Residents Auxiliary Volunteers to help in the transition

As many of you have already have seen or read, York General Health Care Services (YGHCS) is preparing the opening of their newest assisted living facility, Willow Brook. The move in date has been set for the weekend of October 3-4, 2009. The Auxiliary has been hard at work already to help provide a beautiful environment for the residents.

Last year the Star of Lights fundraiser provided enough funds to help build two landscaping features onsite as well as a digital piano for

resident use. The Auxiliary Executive Board is also please to announce that in thanks to a generous donation to the Auxiliary from the Louise Dougherty Trust, the Auxiliary was able to provide the funds to purchase new books, magazine subscriptions, and newspaper subscriptions for the Willow Brook resident library. As many of you know, Mrs. Dougherty was an avid reader and we feel she would be pleased with this donation, as will the many residents of Willow Brook.

If you are interested in a tour of the facility to see our donations in place, there will be a public open house and ribbon cutting on Sunday September 27, from 1-3pm.

With the opening of Willow Brook come many tasks in need of volunteer help. We will be looking for volunteers to help Meadowlark residents pack their personal items and help them unpack at their new home at Willow Brook. Both of these jobs will not require any heavy lifting of furniture, etc... We also will need

Inside this issue:

Note from the President	1
Willow Brook Transition	1-2
8 th Annual Auxiliary Golf Tournament Wrap-up	2-3
Star of Lights	2
Memory Box at YGHCS Oncology Dept	3
Holiday Fare & Bake Sale	4

Special points of interest:

- **Willow Brook Transition and Volunteer Needs**
- **8th Annual Golf Tournament Wrap-up**

volunteer help at the open houses, both serving refreshments and conducting tours. Whether you have an hour or all afternoon, we have many opportunities to help start Willow Brook off right!

See next page for specific volunteer information.

Willow Brook Transition – Volunteer Needs

If you are interested in helping out, or to find out the specifics of all of our volunteer needs during the transition, please contact Deb Bredenkamp, (402) 366-2930 or gdbredenkamp@windstream.net.

Saturday, September 26 – Open House

1-3:30 pm (please arrive 30 minutes before)
Serve refreshments or conduct tours.

Sunday, September 27 – Open House

1-3:30 pm (please arrive 30 minutes before)
Serve refreshments or conduct tours.

September 28 – October 2

8 am – 5 pm (anytime during the day, just let us know when)
Packing...we will be assisting residents in packing their personal items for the move.

October 3 – 4 Moving in day!

8 am – 5 pm (anytime during the day, just let us know when)
Help move residents and unpack at Willow Brook.
11:30 am -1 pm Serve lunch to volunteers and staff

Star of Lights 2009

November 1 – December 31, 2009

Mark your calendars for this year's Star of Lights Campaign. The campaign will kick off November 1, 2009 and will conclude on December 31, 2009. Please help us ring in the New Year with a successful campaign. Our goal for this 52nd annual Star of Light's campaign is to raise funds to purchase a Med Cart and Pediatric Crib for York General Hospital.

The Med cart will be put to good use in the obstetric department aiding the doctors and staff in delivering healthy infants. The pediatric crib will be used in treating the smallest members of our community when they are admitted after birth due to illness.

Please help support both of these needed items for our local hospital. Let's make 2009's campaign the brightest of all of the Star of Lights Campaigns. Watch your mailbox in late fall for more information. Please contact Kara Rauert at (402) 362-1299 if you have questions regarding the campaign.

8th Annual Auxiliary Golf Tournament

Golfers enjoy a beautiful day while raising funds for a Pediatric Sensory Room.

The 8th Annual Auxiliary Golf Tournament was held Friday July, 31, 2009 at York Country Club. This year Carma Colburn, Judy Leggott, and Jenna North chaired the tournament. Each year the tournament raises funds for one special project at York General Health Care Services. This year the tournaments proceeds will go towards the new Pediatric Sensory Room for York General Rehabilitation Services. This room will touch the lives of many of the community's youngest population, especially

children with autism. For more information about the Pediatric Sensory Room, contact Eva Dawson at York General Rehabilitation Services, (402) 362-0436.

The tournament was a huge success hosting 29 teams from all over Central and Eastern Nebraska. Thanks to the many Auxiliary volunteers, YGHCS volunteers, golfers, and local and statewide communities and businesses, we were able to raise \$8,902.89!

Winners of this year's tournament included:

1st Flight

York Medical Clinic 1st Place 55
Jensen Lumber 2nd Place 59
(scorecard playoff)

2nd Flight

York Printing Company 1st Place 61
Cornerstone Bank 2nd Place 62

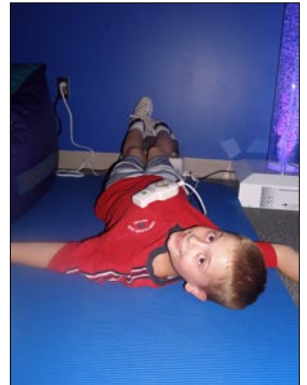
3rd Flight

Eakes Office Plus 1st Place 66
The Nebraska Medical Center 2nd Place 67

"If you have health, you probably will be happy, and if you have health and happiness, you have all the wealth you need, even if it is not all you want."

~Elbert Hubbard

Sensory room purchases included this bubble machine, which changes colors and music using a remote. Shaun Norris enjoys using the new bubble machine at the York General Pediatric Sensory Room. Children find comfort and control by using this machine. The "Chi" Machine is another purchased item for the room, which brings a sense of calm and relaxation to the child.



8th Annual Auxiliary Golf Tournament Sponsors

EVENT SPONSORS \$500

Cornerstone Bank

HOLE SPONSORS \$500

BryanLGH Medical Center

Burnham Appraisal Co.

Computer Programs and Systems, Inc.

Cornerstone Insurance Group

Dialysis Center of Lincoln

Dohman, Akerlund & Eddy, LLC

Eakes Office Plus

Leo A. Daly Company Physicians Laboratory, P.C.

RCI / Leggett Company, Inc.

Sampson Construction

Svehla, Thomas, Rauert & Grafton P.C.

The Nebraska Medical Center

Tom & Carmen McKenny

York General Health Care Services

York Medical Clinic

York Printing Company &

North Office Supply

FOOD SPONSORS

Cornerstone Bank (lunch)

Grand Central Foods

York Country Club

York General Hospital

GALLERY SPONSORS

Alice Tompkins

Baird Holm LLP

Community Title Company

Ginny's Hallmark

Heritage Realtors

LaMair Mulock Condon Co.

Lee's Refrigeration

Metz Mortuary, Inc.

Pegler Sysco

Shirley Michel

York Sewing Studio

FLAG & RAFFLE SPONSORS

Advanced Medical Imaging

Baer's Furniture

Bio Electronics

Community Title Company

Credit Management

Faller's Landscaping

Ginny's Hallmark

Girls on the Run

Gloystein Veterinary Clinic

Interior Innovations

Java Hut / Nebraskaland Video

Lichit's TV & Appliance

Orscheln Farm & Home Runza

Starbucks

Subway Restaurant

Tabitha Health Care Services

The Attic

The Flower Box

Towne House Salon

Wagner's

Walgreens

Wal-Mart

York Area Chamber of Commerce

York General Health Care Services

YGHCS Auxiliary

York Jewelry

York News-Times

York Printing Company

York State Bank

Memory Box lights up Inspiration

New art installation at York General Oncology

Thanks to the proceeds from the 2008 Auxiliary Charity Golf Tournament, the Auxiliary was able to purchase a new stained glass lit art installation for York General Oncology.

The piece was inspired by the "dream box" given to patients at York General Oncology. York General Health Care Services CEO, Chuck Schulz, discovered the box's tradition, said to hold ones hopes and dreams, in Alaska.

The box and the stained glass display were especially designed for York General Oncology patients. Karrie Otoupal, Oncology Director, was very pleased with the outcome of the yearlong effort.



Legend of the Dream Box

It is believed if you write down your fondest dream, greatest desire, and strongest wish and place it into the Dream Box, thinking of this each day when you wake and every evening before you sleep, believing in it, doing this faithfully, your dream will come true."

Auxiliary Wellness Center Benefits Update

The York General Wellness discounted membership rate is \$22.50 per month with no orientation fee (this has been waived). You must be current on our membership dues in order to qualify for this discounted rate, no exceptions. This discount cannot be combined with any other benefit/discount you may already receive at York General Wellness. If you have any questions, please call Judy Leggott at (402) 908-4050. Thanks!

2009-2011 Auxiliary Executive Board

Jenna North
President

Amie Kopcho
1st Vice President

Kara Rauert
2nd Vice President

Mandy Hengelfelt
Secretary

Barb Sylvester
Treasurer

Judith Leggott
Membership

Deb Bredenkamp
Volunteer Services

JoAnn Reetz
Gift Cart

Carol Toms
Historian

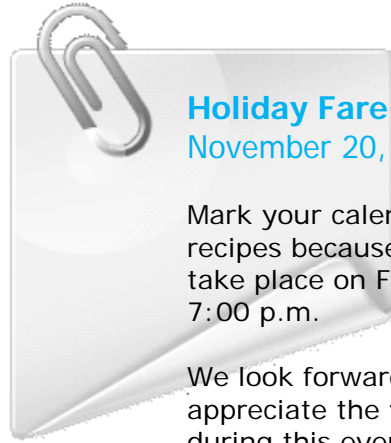
Sue Hoffschneider
Past President

Sally Ruben
YGHCS Board of Directors

Jane Thompson
YGHCS Representative

Sue Parde
Hearthstone Representative

Jenny Obermier
York General Hospital Representative



Holiday Fare & Bake Sale November 20, 2009

Mark your calendars and search through your favorite recipes because the Holiday Fare and Bake Sale will take place on Friday Nov. 20, 2009 from 7:00 a.m. to 7:00 p.m.

We look forward to seeing you there and greatly appreciate the **tasty** support of our Auxiliary members during this event. Watch your mailbox in late Fall for more information.

Thank You Volunteers!

Thank you to our many volunteers that have helped at the various opportunities we have had this year! If you are interested in any of our upcoming opportunities, please contact Deb Bredenkamp, Volunteer Services Chair, (402) 366-2930 or gdbredenkamp@windstream.net.

Upcoming Events:

Holiday Fare & Bake Sale – November 20th
Star of Lights – November 1 – December 31, 2009
Membership Event – Winter 2010

Volunteer Opportunities:

Willow Brook transition
Holiday Fare & Bake Sale Committee
9th Annual Auxiliary Golf Tournament – Chair/Co-Chair

York General Health Care Services Auxiliary
2222 N. Lincoln Avenue
York, Nebraska 68467

Serving the York Community since 1957

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
YORK, NE 68467
PERMIT NO. 12

Address Service Requested